



INTERPROFESSIONAL STUDENT PLACEMENTS

Sun Country Health Region, IPCP&LE Initiative

**INTERPROFESSIONAL PRACTICE-
BASED LEARNING:**

COMPETENCY REFLECTION JOURNAL

Adapted from "Interprofessional Practice Based Learning: Competency Reflection Journal" by the Centre for Collaborative Health Professional Education, Memorial University of Newfoundland



Introduction for Students

We hope that you have a rewarding placement experience with your Preceptor(s) during your rural health placement. You are being invited to participate in this evaluation, which will help us to improve on the rural health training experience. This evaluation should take about 10 minutes to complete. Your opinions are very important. Thank you for your assistance.

Many disciplines are recognizing, as a result of work by Schön¹ (1983) and Mezirow² (1991), that reflection is an important aspect of learning and professional development. It has been suggested that reflection facilitates the development of the expertise necessary for the delivery of high quality and safe patient care. Based upon this literature, the Competency Reflection Journal (CRJ) is a tool that was developed to encourage reflection among placement students about how interprofessional collaboration is demonstrated in practice settings.

This journal is designed to enhance the interprofessional focus of the upcoming placement in which, in addition to the medical skills you will develop, you will be paying particular attention to how the interprofessional team, with which you are working, functions.

¹ Schon, D. A. (1983). How professionals think in action. New York: Basic Books.

² Mezirow, J. (1991). Transformative dimensions of adult learning. San Francisco: Jossey-Bass

Competency:

Describe a clear understanding of the role of another profession.

Question/Statement:

Discuss the role of a professional from a different profession on your team.

Do other team members seem to understand the profession's role?

Please explain.

Competency:

Explain the roles of each profession and the ways in which these roles overlap.

Question/Statement:

In what tasks and with which professions are there the most overlap on your team? Are there concerns regarding professional boundaries?

Competency:

Recognize and respect the diversity of roles, responsibilities and competencies of other professionals in relation to their own

Question/Statement:

Have other team members explained their roles on the team to you? If not, what can you do to get this information? Are there any barriers to getting this information? What are some potential solutions to these barriers?

Competency:

Work with others to assess, plan, provide and integrate care for individual patients (or groups of patients)

Question/Statement:

Discuss one patient who is currently on the unit and identify what other professionals could offer in his/her care. Has the patient been involved in discussion about his/her care? In what way? Discuss any barriers for your team in working together to provide patient care. Some examples of barriers might include: time, no structure, personalities, power dynamics, etc.

Competency:

Where appropriate, work with others to assess, plan, provide and review other tasks, such as research problems, educational work, program review or administrative responsibilities

Question/Statement:

Is there any collaboration between team members in areas other than patient care?

Competency:

Participate effectively in interprofessional team meetings

Question/Statement:

Does your team have regular interprofessional rounds? Are rounds used to jointly plan patient care or simply to report what is happening with the patient? Do the other professionals contribute actively in rounds and are there any who do not or very rarely contribute? Why do you think this is (discuss the enablers and barriers to active participation including power dynamics, personality, level of experience/confidence, conflict, etc.)?

Competency:

Enter into interdependent relationships with other professions for the provision of quality care

Question/Statement:

Do the members of your team trust each other? Discuss the extent to which your resident would trust the care of his/her patients to each professional on the team (within their appropriate scope of practice).

Competency:

Describe the principals of team dynamics

Question/Statement:

Discuss the factors that impact your teams' functioning. For example, does your team:

- share a common vision and goals
- communicate clearly with each other
- understand each other's roles
- trust one another
- make decisions as a group
- embrace a diversity of styles and ideas – it is OK to see things differently
- see all participants' contributions as being of equal value
- value patient-centred care

How do you know?

Competency:

Respect team ethics, including confidentiality, resource allocation and professionalism

Question/Statement:

Do all your team members' behaviours demonstrate recognition of the importance of confidentiality? How? Discuss an example.

Competency:

Where appropriate, demonstrate leadership in a healthcare team

Question/Statement:

Who takes the leadership role on your team most often? Does he/she allow/encourage others to take leadership when appropriate? Discuss how you see this happening in your team?

Competency:

Demonstrate a respectful attitude towards other colleagues and members of an interprofessional team

Question/Statement:

Is your team usually respectful of each other? Have you seen any instances of disrespect amongst the team members? Discuss what you noticed.

Competency:

Work with other professionals to prevent conflicts

Question/Statement:

Have you seen your team disagree about anything? Discuss a specific example of a disagreement and what happened – do you and your resident see it the same way? What factors might affect the way you perceive a disagreement?

Competency:

Employ collaborative negotiation to resolve conflicts

Question/Statement:

How does your team handle it when people disagree or are upset about something?

Competency:

Respect differences, misunderstandings and limitations in other professionals

Question/Statement for discussion:

Do you notice that team members handle conflict differently? Discuss the different ways the team members handle conflict.

Competency:

Recognize one's own differences, misunderstandings and limitations that may contribute to interprofessional tension

Question/Statement:

Discuss how you handle conflict. Common ways to manage conflict include:

- Withdrawal/avoidance
- Giving in
- Push to get your own way
- Compromise - feel like you given something up
- Collaboration - focus on meeting mutual goals.

Think about a recent (or current) close relationship. How did (do) you handle disagreements?

Question/Statement:

Discuss how this might impact working on a team.

Competency:

Reflect on interprofessional team function

Question/Statement:

Discuss your thoughts on how well your team functions interprofessionally.
Discuss your team's specific strengths and challenges in terms of
interprofessional collaboration.