

## Interprofessional Connections: Working Through Client Cases Together

Worksheet #6

# **Individual Reflection Sheet**

Team Name: \_\_\_\_\_

Client Name: \_\_\_\_\_ Student Name: \_\_\_\_\_

Please rate and provide your comments on your personal success in building interprofessional collaborative competencies within the team as you worked through the phases of the project.

Area			Score			Comments
<ul> <li>Role Clarification</li> <li>describe their own role and that of others</li> <li>recognize and respect the diversity of other health and social care roles, responsibilities, and competencies</li> </ul>	1 not su	2 ccessful	3	4 very sue	5 ccessful	
<ul> <li>Team Functioning</li> <li>understand the process of team development</li> <li>develop a set of principles for working together that respects the ethical values of members</li> <li>effectively facilitate discussions and interactions among team members</li> <li>participate, and be respectful of all members' participation in collaborative decision-making</li> </ul>	1 not su	2 ccessful	3	4 very suc	5 ccessful	
<ul> <li>Patient/Client/Family/Community-Centred Care</li> <li>support the participation of patients/clients, their families, and/or community representatives as integral partners alongside with healthcare personnel</li> </ul>	1 not su	2 ccessful	3	4 very su	5 ccessful	

Area			Score			Comments
<ul> <li>Collaborative Leadership</li> <li>work with others to enable effective patient/client outcomes</li> <li>facilitation of effective decision making</li> <li>co-creation of a climate for shared leadership and collaborative practice</li> </ul>	1 not su	2 Iccessful	3	4 very suc	5 cessful	
<ul> <li>Interprofessional Communication</li> <li>establish team work communication principles</li> <li>actively listen to other team members including patients/clients/families</li> <li>communicate to ensure common understanding of care decisions</li> </ul>	1 not su	2 Iccessful	3	4 very suc	5 cessful	
<ul> <li>Interprofessional Conflict Resolution</li> <li>valuing the potential positive nature of conflict</li> <li>knowing and understanding strategies to deal with conflict</li> <li>setting guidelines for addressing disagreements</li> <li>effectively working to address and resolve disagreements, including analyzing the causes of conflict and working to reach an acceptable solution</li> <li>establishing a safe environment in which to express diverse opinions</li> </ul>	1 not su	2 Iccessful	3	4 very suc	5 cessful	

## Reference

CIHC (2010). A National Interprofessional Competency Framework. Retrieved from: <u>http://www.cihc.ca/files/CIHC\_IPCompetencies\_Feb1210.pdf</u> or Quick Reference: <u>http://www.cihc.ca/files/CIHC\_IPCompetenciesShort\_Feb1210.pdf</u>

#### Individual Reflection (continued)

#### Looking back on your participation as a member of your team in this activity:

1. How well did you perform as a collaborative team member? What role(s) did you take on during team discussions – leader, recorder, summarizer, devil's advocate, backseat participator?

2. How would you assess the frequency and quality of your communication with your team members?

3. Did you take advantage of opportunities to explain the role of your profession during team discussions? And did you find your discussions naturally allowed you to share your profession's perspective during the discussions?

4. What personal goals have you set to improve your performance as a team member in your future work within this IPE team and other teams?